

WILD WISDOM BOTANICALS

at Mossygoat Farm



WHERE NATURE PROVIDES

Flower Essence Remedy Finder

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3rd eye	Queen's Anne Lace
5G radiation	Yarrow

A	
abundance	Golden Marguerite, Saffron
addiction	California Poppy
ADHD	Teasel
adversity	Yarrow
anxiety	Rose Medley
argumentative	Calendula
attachment	Cleavers
autism	Camas
Autumnal Equinox	Sunflower, Queen Anne's Lace

B	
balance, emotional	Camas, Self-Heal, Sunflower, Wild Balance Medley
balance, spiritual	Queen Anne's Lace
best self	Saffron
bitterness	Narrow Leaf Plantain
bonding	Cleavers
boundaries	Stinging Nettle, Teasel, Yarrow
brain balance	Camas
burned out	Chicory

C	
calming	California Poppy, Rose Medley, Calendula
caregivers	Chicory flower essence

change, open to	Self-heal
childhood, lack of nourishment	Sunflower Autumnal Equinox
childlike innocence	Narrow Leaf Plantain
clairvoyance	Queen Anne's Lace
cleansing	Yarrow
comfort zone, leaving	Yarrow
communication problems	Camas, Calendula

D

depression	Borage, Daylily, Sunflower Autumnal Equinox
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E

earth essences	Hellebore, Purple Dead Nettle
electricity pollution	Yarrow
emotional pain	Stinging Nettle
empathy	Calendula
endurance	Saffron
energy improvement	Dandelion
energy regulation	Teasel
enthusiasm	Oxeye Daisy, Rose Medley
exhausted	Teasel

F

fear of being seen	Purple Dead Nettle
fear of spiders	California Poppy
fear of unknown	California Poppy
feminine power	Hellebore
fire element	Pink Hollyhock
focus	Dandelion, Stinging Nettle, Oxeye Daisy
fog of life, seeing through	Stinging Nettle
forgiveness	Hellebore
fortitude	Saffron
full moon	Camas, Yarrow

G

gloomy thoughts	Sunflower Autumnal
grace, finding	Oxeye Daisy, Saffron

grounding	Hellebore, Oxeye Daisy, Purple Dead Nettle, Queen Anne's Lace
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H

happiness	Borage, Purple Dead Nettle, Yarrow
healing journey	Pink Hollyhock, Self-Heal
heart chakra	Pink Hollyhock
heart healing	Pink Hollyhock
heartfelt vitality	Rose Medley
heavy heart	Borage
high vibration	Cleavers
hope	Chicory

I

imposter syndrome	Stinging Nettle
inner child healing	Chicory, Daffodil, Narrow Leaf Plantain,
introversion	Daffodil

J

joy	Daffodil, Dandelion, Narrow Leaf Plantain, Rose Medley, Sunflower Autumnal Equinox
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L

letting go	Camas, Stinging Nettle
life changes	Daylily, Saffron
listening	Calendula
Lion's Gate	Teasel
love	Camas, Pink Hollyhock
love of self	Rose Medley, California Poppy, Chicory,
low self-esteem	Sunflower Autumnal Equinox
lunar eclipse	Camas

M

magic, seeing in life	Periwinkle
manifesting	Pink Hollyhock
moon essences	Camas

N

narcissistic abuse	Daffodil, Teasel
neediness	Cleavers
new beginnings	Borage, Teasel
no “trouble saying”	Teasel

O

objectivity, lack of	Queen Anne’s Lace
open to change	Self-Heal
over scheduled	Dandelion
over stimulated	Yarrow
overwhelmed	California Poppy

P

past, healing	Periwinkle
path forward	Periwinkle
peace	Daylily
perspective	Oxeye Daisy, Rose Medley
positive outlook	Borage
positive attitude	Saffron
possessiveness	Cleavers
protection	Yarrow

R

rebirth	Daffodil
relationship with divine	Queen Anne’s Lace
release mental blocks	Narrow Leaf Plantain
renewal	Daffodil
resiliency	Self-Heal

S

safe, feeling	Pink Hollyhock
self-acceptance	Hellebore
self-care	Chicory, Self-Heal
shame	Purple Dead Nettle, California Poppy
simpleness	Narrow Leaf Plantain

sit on feelings	Purple Dead Nettle
slow down	Narrow Leaf Plantain
soul radiance	Sunflower Autumnal Equinox
speaking up	Rose Medley
speech blockages	Rose Medley
spiritual insight	Queen Anne's Lace
Spring Equinox	Daffodil
stinging, life	Stinging Nettle
stress	Dandelion, Daylily
Summer Solstice	Rose Medley, Cleavers
sun essences	Calendula, Dandelion, Daylily, Sunflower
sun within	Dandelion, Sunflower

T-Z

tiredness	Teasel
uplifting	Daffodil, Saffron
victim mode	Chicory
vision for life	Oxeye Daisy